



# Volunteer Opportunities

***Patient/Family Volunteers*** provide emotional and practical support to Hospice of the Piedmont's patients and their families, in both homes and nursing facilities. Volunteer activities may include supportive phone calls and visits, providing respite for the caregiver, running errands, providing transportation, providing prepared food items or doing simple chores. Each Patient/Family Volunteer is asked to spend at least one hour per week with the patient/family (or make one telephone contact). These volunteers are carefully screened and trained, and come from all backgrounds and walks of life. Volunteers must be age 18 or older, and a 20-hour training session is required.

***Hospice Home Volunteers*** – Many opportunities for volunteering at Hospice Home at High Point are available including:

- **Indirect Patient Care Volunteers** assist with greeting incoming guests, giving facility tours, answering phones, monitoring the family room and family kitchen, restocking supplies and assisting at the team station. Volunteers must be at least 18 years old and a three-hour training session is required.
- **Direct Patient/Family Care Volunteers** provide support to patients and their families at Hospice Home, just as they do in patients' homes. Activities may include visiting with patients and families, reading, respite relief for the caregiver, helping with unpacking, assisting with meal selection, passing and picking up meal trays, and comforting families. Volunteers must be at least 18 years old and the standard 20-hour training is required.

**Bereavement Volunteers** assist the Grief Counseling Center by providing bereavement and grief support to families after the loss of a loved one. Activities include making telephone calls, preparing mailings and helping with support groups. The standard 20-hour training course is required plus specialized bereavement training.

