



Grief Counseling Center

Hospice of the Piedmont offers grief support for adults and children whose loved ones have died. Grounded in compassionate listening and practical guidelines for healing, our program has helped thousands of people cope with the sadness and depression that frequently accompany the loss of a family member or close friend.

Grief support is available to the families of Hospice patients, as well as anyone in the community who has suffered a loss. All services are offered free of charge.

Support is offered through a bereavement mailing program and four other options:

- *Grief support groups for adults provide a safe, supportive environment where concerns, fears and questions can be discussed. Support groups, led by experienced professional counselors, meet for five or more consecutive weeks. Groups are offered several times a year during daytime and evening hours. Please contact the Grief Counseling Center for a current schedule.*
- *Individual and family sessions can be arranged with a grief counselor by calling to schedule an appointment.*



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- *For children (up to age 18), support groups and individual counseling are available to address the unique needs and issues of grieving children and adolescents through our Kids Path program.*
- *In addition to support groups and counseling, several educational events are scheduled throughout the year. The Hope for the Holidays program, annual Service of Remembrance, and other activities all offer opportunities for support.*

While grieving is a healthy and natural process, many people find that recapturing the joy of living is easier if they do not have to do it alone. Please call Hospice of the Piedmont's Grief Counseling Center at 336.889.8446 and ask to speak with a Bereavement Counselor.



Serving Guilford, Randolph, Davidson, and Forsyth counties since 1981

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